



EYFS LONG TERM PLAN: PE



| | Autumn 1 | Autumn 2 | Spring 1 | Summer 1 | Spring 2 | Summer 2 |
|--------|---|--|-------------------------------|------------------------------|-------------------------------|-----------------------------|
| Yearly | Area: Locomotion Walking 1 Playing Through Games | Area: Locomotion Waking Playing Through Games | Area: Locomotion Jumping 1 | Area: Ball Skills Hands 1 | Area: Locomotion Jumping 1 | Area: Ball Skills Feet 1 |
| | Fundamental Movement skills- walking, jumping, dodging – New eland fundamentals | | | | | |

KS1 LONG TERM PLAN: PE - YEAR A 2024 - 2025

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|----------------------------------|--------------------------------|-----------------------------|----------------------------|---|---|
| KS1 Session 1 | Area: Locomotion Running 1 | Area: Gymnastics Body Parts | Area: Gymnastics Linking | Area: OAA Team Building | Area: Target Games Hands 2 NA Fundamental | Area: Striking and Fielding Cricket (Chance to shine) |
| KS1 Session 2 | Area: Locomotion Jumping 1 | Area: Ball Skills Feet 1 | Area: Dance Growing | Area: Dance Water | Area: Striking and Fielding Rackets, bats and balls | Area: Net and Wall Tennis (Tops Cards) |

KS2 LONG TERM PLAN: PE - YEAR A 2024 - 2025

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|--|-----------------------------------|---|---|--|---|
| KS2 Session 1 | Area: Targets Tri Golf | Area: OAA Swimming | Area: Gymnastics Matching and Mirroring | Area: Gymnastics Symmetry and Asymmetry | Area: Athletics | Area: Striking and Fielding Cricket (Chance to shine) |
| KS2 Session 2 | Area: Invasion Games Quidditch/Netball | Area: Invasion Games Tag Rugby | Area: Dance Space | Area: Dance Carnival | Area: Striking and Fielding Rounders | Area: Net and Wall Tennis (Tops Cards) |



KS1 LONG TERM PLAN: PE - YEAR B 2025 - 2026



| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|--------------------------------|--|---|------------------------------|--|---|
| KS1 Session 1 | Area: Locomotion Dodging 1 | Area: Learning Through Play Creating Games | Area: Gymnastics Wide, Narrow, Curled | Area: Gymnastics Pathways | Area: Ball Skills Rackets, bats and balls | Area: Striking and Fielding Cricket (Chance to shine) |
| KS1 Session 2 | Area: Target Games Own Unit | Area: Health Well-being | Area: Dance Heroes | Area: Dance Explorers | Area: Ball Skills Rackets, bats and balls | Area: Attack vs Defence Games for Understanding |

KS2 LONG TERM PLAN: PE - YEAR B 2025 - 2026

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|---------------|--|----------------------------|-----------------------------|--|--|--|
| KS2 Session 1 | Area: Inclusion Boccia New age curling | Area: OAA Swimming | Area: Gymnastics Bridges | Area: Invasion Hockey | Area: Athletics Running Throwing and Jumping | Area: Health Related Exercise |
| KS2 Session 2 | Area: Games Game, sense, invasion | Area: Invasion Handball | Area: Dance Wild animals | Area: Gymnastics Counter balance and counter tension | Area: Striking and Fielding Cricket Chance to shine | Area: Games Game sense, Net and Wall |