



EYFS LONG TERM PLAN: PE



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yearly	Area: Locomotion Walking 1 Playing Through Games	Area: Locomotion Waking Playing Through Games	Area: Locomotion Jumping 1	Area: Locomotion Jumping 1	Area: Ball Skills Hands 1	Area: Ball Skills Feet 1

KS1 LONG TERM PLAN: PE - YEAR A 2024 - 2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 Session 1	Area: Locomotion Running 1	Area: Gymnastics Body Parts	Area: Gymnastics Linking	Area: OAA Team Building	Area: Target Games Hands 2 NA Fundamental	Area: Striking and Fielding Cricket (Chance to shine)
KS1 Session 2	Area: Locomotion Jumping 1	Area: Ball Skills Feet 1	Area: Dance Growing	Area: Dance Water	Area: Striking and Fielding Rackets, bats and balls	Area: Net and Wall Tennis (Tops Cards)

KS2 LONG TERM PLAN: PE - YEAR A 2024 - 2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS2 Session 1	Area: Targets Tri Golf	Area: OAA Swimming	Area: Gymnastics Matching and Mirroring	Area: Gymnastics Symmetry and Asymmetry	Area: Athletics	Area: Striking and Fielding Cricket (Chance to shine)
KS2 Session 2	Area: Invasion Games Quidditch/Netball	Area: Invasion Games Tag Rugby	Area: Dance Space	Area: Dance Carnival	Area: Striking and Fielding Rounders	Area: Net and Wall Tennis (Tops Cards)



KS1 LONG TERM PLAN: PE - YEAR B 2025 - 2026



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 Session 1	Area: Locomotion Dodging 1	Area: Learning Through Play Creating Games	Area: Gymnastics Wide, Narrow, Curled	Area: Gymnastics Pathways	Area: Ball Skills Rackets, bats and balls	Area: Striking and Fielding Cricket (Chance to shine)
KS1 Session 2	Area: Target Games Own Unit	Area: Health Well-being	Area: Dance Heroes	Area: Dance Explorers	Area: Ball Skills Rackets, bats and balls	Area: Attack vs Defence Games for Understanding

KS2 LONG TERM PLAN: PE - YEAR B 2025 - 2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS2 Session 1	Area: Inclusion Boccia New age curling	Area: OAA Swimming	Area: Gymnastics Bridges	Area: Invasion Hockey	Area: Athletics Running Throwing and Jumping	Area: Health Related Exercise
KS2 Session 2	Area: Games Game, sense, invasion	Area: Invasion Handball	Area: Dance Wild animals	Area: Gymnastics Counter balance and counter tension	Area: Striking and Fielding Cricket Chance to shine	Area: Games Game sense, Net and Wall