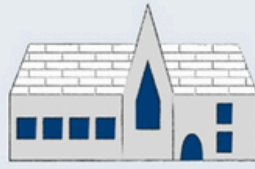
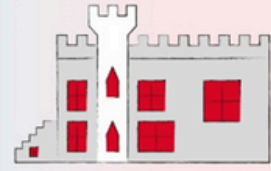




The Federation of North and South Cowton Community and Melsonby Methodist Primary Schools



Melsonby Methodist Primary School
Live Life in all its Fullness



North and South Cowton Community Primary School
Aspire, Inspire, Enquire

PSHCE & RSE

"You are braver than you believe, stronger than you see and smarter than you think." ~AA Milne

INTENT STATEMENT

How pupils develop strong relationships, understand emotions and stay mentally healthy across the Federation...

With our Federation, we use the 'Kapow scheme of work' to support the teaching of PSHCE and RSE, which fulfils the statutory requirements for Relationships and Health Education and goes beyond this for PSHE.

We place high importance on the teaching of PSHCE, which sits within our Federation vision, Aspire Inspire and Enquire. Pupils in our school will have their curiosity nurtured, their voices heard and be active agents of change from bring part of a high quality PSHE curriculum.

Through PSHE and RSE teaching, we aim to:

- Develop children's knowledge and understanding of what constitutes a healthy lifestyle
- Make children aware of dangerous situations and how to keep themselves safe
- Explore how to develop and maintain healthy and positive relationships with others both online and offline
- Ensure children have respect for others and understand that they have rights
- Encourage children to be independent and responsible members of the school community and beyond
- Be positive and active members of a democratic society
- Promote mental health and develop self-confidence and self-esteem
- Make informed choices regarding personal and social issues
- Acquire British values and attitudes, which are necessary if they are to make sense of their experiences within school and life itself
- Value themselves, respect others, appreciate differences and diversity and feel confident and informed as a British Citizen

Pupils revisit key areas within each Key Stage to enable them to embed learning and tackle new concepts as they develop over time in emotional maturity.